



FEBRUARY - MARCH 2026

Belvedere Bulletin

Belvedere Community League 13223-62 Street Edmonton, Alberta T5A 0V5 (780)476-1224
info@belvederecl.com

**Kara Family Resource Centre
give you FREE Fun For Everyone**

Snow Much Fun Day

**Spaghetti
Lunch**

11:00 - 12:30 pm

**Rink Open
at Noon
Bring Your
Skates**

**Horse &
Wagon Rides
11:00 - 1:00 pm**



Free!

Saturday, February 14th

11-1 pm

13223-62 st



**Valentine's Craft
Sledding
Hot Chocolate**



2025-2026 Belvedere Board

President	Vacant	president@belvederecl.com
V.President	Vacant	vicepresident@belvederecl.com
Secretary	Connie	secretary@belvederecl.com
Treasurer	Alana	treasurer@belvederecl.com

Bingo	Lisa	bingo@belvederecl.com
Bldg&Grounds	Bob/Susanne	facility@belvederecl.com
Casino	Connie	casino@belvederecl.com
Drop-in	Sandra	dropin@belvederecl.com
Facebook	Carmen	facebook@belvederecl.com
Membership	Mabel	membership@belvederecl.com
Newsletter	Mabel	newsletter@belvederecl.com
Programs	vacant	programs@belvederecl.com
Social	Alana	social@belvederecl.com
Sports	Kevin	sports@belvederecl.com
Website	BD	webmaster@belvederecl.com
Area 2 Rep	Alana	

Hall phone 780-476-1224

FREE Community Swim Pass Times:

O'Leary: Saturdays 4:15 – 6:15 pm

Londonderry: Sundays 4:15 – 5:45 pm

Grand Trunk: Fridays 7:15-9:15 pm

*Must present **current** Community League Membership Card and Swim Pass.*

These swim cards are free to you as a member but do come at a cost.

We encourage you to utilize the free swim times or we could lose this membership benefit.



BELVEDERE COMMUNITY DROP IN

Tuesdays from 9:00am to 12:00pm at Belvedere Hall

We welcome you to come and meet new & visit with old neighbours; there are a variety of things to do, play ping pong, darts, cards &/or board games; do some crafts; or just visit.

This is a FREE casual morning for adults of all ages. Coffee, tea and snacks provided.

VOLUNTEERS NEEDED FOR EVENING BINGO

FRIDAY, APRIL 3RD

4:45- 9:30 Kensington Bingo Hall

Free supper, good fun and a great way to contribute to the community. Contact bingo@belvederecl.com



Belvedere Rinks - Hours of Operation:

Monday:	Closed
Tuesday:	4:30 – 8:30pm
Wednesday:	4:30 – 8:30pm
Thursday:	4:30 – 8:30pm
Friday:	4:30 – 9:30pm
Saturday:	1:30 – 8:30pm
Sunday:	1:30 – 5:30pm

FAMILY DAY FEBRUARY 16TH RINKS OPEN- NOON - 8:00PM



Come out and Enjoy both the Skating and Hockey rinks everyone!

It's been a really, really long 4 year process but it is finally complete!
The new Hockey Rink is ready for you!



Loaner skates in various sizes are available for anyone to use

FREE FALL PREVENTION SESSION

**Friday February 27 from 1-3 pm at
Belvedere Community Hall.**

WHY you should attend fall prevention sessions:

- 85% of injured seniors go to the hospital because of a fall
- 20% of falls cause serious injury which leads to surgery, longer hospital stays, and higher risk of getting pneumonia and other infections
- Falling one time doubles your chance of falling again

WHY do we fall?

- Decreased mobility in the joints causing shuffling (more likely to trip)
- Decreased strength: people lose up to 8% muscle mass every decade starting at 30 years old, and more per decade after 60 years.
- Decreased balance and sensation in the limbs, reducing stability in nerve receptors and circulation

FIGHT BACK!!

Session is presented by a certified physiotherapist from Flare Fitness. and gives insight on how to prevent fall injuries. Light refreshments provided, and some free items to take home.

Wear comfortable clothes and shoes, and we will see you there!



FREE NUTRITION SESSION

Friday March 27 from 1-2:30 pm at the Belvedere Hall.

Preparing healthy nutritious meals for 1 or 2 people can be a challenge, and we can help!

Belvedere Community League is hosting a free session full of tips and tricks to promote a healthier you.

It is presented by a Flare Fitness
nutrition specialist.

Light refreshments will be provided.



INFORMATIVE SESSIONS ON RELOCATION AND BANK FRAUD COMING IN APRIL

CLAREVIEW YOUTH NIGHTS



Scan the QR code for more launch details or visit youthrise.ca to learn more.

DETAILS

WHAT Drop-In, Open Gym, Games, Food
WHEN Every Friday from 5-7PM
WHO Youth 12-17 with a current School ID
WHERE JD BRACCO SCHOOL
3150 139 AVE NW

WHO ARE WE?

Youth Rise is a non-profit organization that exists to empower youth to rise to their full potential. We run drop-in programs that are fun, safe, non-judgemental, and **100% free!**

In partnership with the City of Edmonton, J.D. Bracco, and other organizations, we are excited to invite you to Clareview Youth Nights! Anyone aged 12-18 is welcome to join us. There's no catch. Show up, come as you are and bring a friend.

SCHOOL ID REQUIRED TO ATTEND

BE PART OF THE TEAM!



**BELVEDERE COMMUNITY IS
LOOKING FOR PLAYERS AND
COACHES FOR THE UPCOMING
SPRING SEASON**

**Register Online!
February 2nd - March 18th
WWW.EMSANORTH.COM**

For those interested in coaching:
please reach out directly
sports@belvederecl.com



NOT *Falling For you*

**Preventing Falls
with Balance & Buddies**

Belvedere Community League

Prevent Falls

- Improve your balance
- Increase your mobility
- Led by a senior
- Ideal for adults 55+

Day/Time: Fridays 10:00 to 11:00 a.m.
Location: Belvedere Community Hall
Address: 13223 - 62 St NW
Dates: January 16 to March 27, 2026
Cost: Free to community league members

For more information visit:
FindingBalanceAlberta.ca/nffy

Or to join contact:
Ph: 780-476-1224
dropin@belvederecl.com

THIS IS A DROP IN PROGRAM- COME WHEN YOU CAN

Belvedere Community League memberships are available for purchase at the hall during Tuesday's community drop in (9am-Noon), at all league events and at the rink. Payment by Cash, etransfer or they can be purchased online at efcl.org
Family \$20.00 / Senior \$10.00 / Single adult \$10.00.